

# Determine your energy sources

Travelling	Designing things, objects or strategies	Experimenting	Observing
Helping others	Writing or working with language(s)	Coaching/guiding others	Anticipating
Making Music or singing	Healing humans or animals	Expressing myself creatively	Reading
Talking to people, communication	Taking care of...	To improvise	Being of influence (and) accomplishing change
Registering information	Enterprising	Developing vision	Judging
Transporting	Processing information	Working accurately/precisely	Playing
Amusing others	Repairing things	To handle or operate machines	Reflecting (or meditating)
Giving information	Organizing/arranging things	To sell	Making calculations
Physical exercise	Doing research	To assemble (groups, people, businesses, etc.)	Inventing things
Building, constructing	Analyzing	Taking the lead/management	Negotiating
Gardening	Supervising or to inspect/survey, control	Working with my hands	Planning or organizing things
Making up things	Teaching others something	To motivate or inspire	Mediation
Touching, cuddling	Advising others	Cooking	Solving problems
Raising people, educational theory	Contributing to development (of people, companies, etc.)	Learning or studying	Making changes possible