Study & Well-being information
Version August 2021

Your Academic Counsellor is the first point of contact for questions and concerns related to your studies or personal issues.

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### Essential study skills
Online toolkit to help with many common study roadblocks.

### BOOST
Offers advice on your studies and personal issues during walk-in hours.

### Career & Counselling Services
Workshops and training in the fields of personal support, study choice and career.

### Family doctor
Helps with physical and/or psychological issues and illness.

### Student psychologists
Workshops and short-term individual guidance for issues hindering your study. Walk-in hours available.

### MoTiv life coaching
Receive coaching and personal support from a life coach.

### Confidential advisor
Helps in cases of unacceptable behaviour from students or employees.

### E-Health tool ‘Gezondeboel’
Anonymous, free and simple programmes to improve your mental well-being.

### Health insurance information
Provides insurance advice for foreign students in The Netherlands.

### Horizon
Helpdesk for studying with a disability or additional support requirement.

‘Student Onbeperkt’
Student platform for students with a disability.

### Study associations
Every faculty has its own study association(s) that represents students and organises activities related to your field of study

### Uni-Life App
Overview of all events from student associations, organisations, clubs, and initiatives at TU Delft.

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Develop in non-academic areas such as sports and games, arts and crafts, and more

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In case of an emergency call 112
Emergency number TU Delft Campus: +31 15 27 88888
If there is a risk of suicide, chat with 113, or call 0800-0113

www.tudelft.nl/en/student/help